

Lighthouse Century Metric Century Route

San Luis Obispo Bicycle Club

Follow Orange All Riders or Green Arrows

Miles Total	Turn	Road	Miles Interval
	Start	Morro Bay High School Start Between 8:00 & 9:00 am	
0.0		MBHS Exit	0.1
0.1	L	Atascadero Rd.	0.1
0.2	L	Highway 1 On Ramp	4.6
4.8	R	Highway 1 Off Ramp.	0.2
5.0	L	13th St. (to Stop Sign)	0.1
5.1	R	Ocean Avenue	0.8
5.9	R	E Street	0.1
6.0	L	Ash Avenue	0.1
6.1	R	D Street	0.1
6.2	L	Birch Street	0.1
6.3	R	Cayucos Drive	0.1
6.4	L	Highway 1 On Ramp	14.5
20.9	R	Cambria Drive	0.1
21	L	Main Street	0.1
21.1	Stop	Pinedorado Rest Stop Open: 8:30 am to 12:30 pm	
	R	Main Street	0.1
21.2	R	Cambria Drive	0.1
See Route Note on back.			
21.3	R	Highway 1	11.2
32.5	Stop	Cypress Tree Rest Stop Open: 10:00 am to 12:00 pm	
	R	Highway 1	9
41.5	R	Moonstone Beach Dr.	1.6
43.1	R	Windsor Drive	0.3
43.4	Stop	Shamel Park Rest Stop Open: 11:30 am to 2:30 pm	
	U	Windsor Drive	0.3
43.7	R	Highway 1	14.9
58.6	R	Highway 1 Off Ramp	0.2
58.8	R	Cayucos Drive	0.1
58.9	L	Birch Street	0.1

Highway Cautions

The State of California cannot confirm that this route meets all of the criteria set forth in Section 1000 of the State's Highway Design Manual. It is the responsibility of the event organizers to inform orally and in writing each participant to ride with caution.

- **Fast traffic on Highway 1 - Use Shoulder**
- **Move Right to let faster riders pass within the shoulder**
- **Rumble Strips along Highway 1**

Safe Cycling Practices

1. Ride as far to the right on roads as practicable
 - Ride on the shoulder of the road when it is adequately wide and safe
2. Call out approaching vehicles: "Car Up;" "Car Back"
 - Move right as practicable and into single file to permit vehicles to pass
3. Point out road hazards
4. Signal your intentions and call it out: "Stopping"
5. Pass other riders on the left and call out: "On Your Left"
6. Leave the road completely when stopping.

Obey traffic laws - Honor all right-of-ways at intersections

Course opens at 7:00am. Riders that start before their staged start time may reach rest stops before they are open. The course closes at 5:00pm. Riders on the course after 5:00pm will not have SAG support.

Communication

All SAG vehicles and Rest Stops have HAM operators to support communications during the ride.

9-1-1 Medical & Safety Emergency
(805) 593-3333 CHP Local Dispatch Center

59	R	D Street	0.1
59.1	L	Ash Avenue	0.1
59.2	R	E Street	0.1
59.3	L	Ocean Avenue	0.6
59.9	C	Highway 1 On Ramp	4.6
64.5	R	Highway 1 Off Ramp	0.2
64.7	R	Atascadero Rd.	0.1
64.8	R	MBHS Entrance	0.1
64.9	End	Morro Bay High School Post-Ride Meal: 12:00 to 5:00 pm	

Lighthouse Century Metric Century Map

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